

# MOUNTAIN STATES INTERNATIONAL BLACK BELT ACADEMY

BBC = Black Belt Club ONLY Foundations Class = Beginners Only (Beginner = no color on belt)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Little Dragons (Ages 4 - 5)	5:00 - 5:30 PM		5:00 - 5:30 PM			10:15 - 10:45 AM
Beginning Tigers (Ages 5 - 8) White - Purple Stripe	5:30 - 6:00 PM <b>BBC 6:00 - 6:10</b>	4:30—5:00 PM <b>BBC 5:00 - 5:10</b>	5:30 - 6:00 PM <b>BBC 6:00 - 6:10</b>	4:30—5:00 PM <b>BBC 5:00 - 5:10</b>	<b>BBC ONLY</b> 5:30 - 6:00 PM	9:30 - 10:00 AM <b>BBC 10:00 - 10:10</b>
Advanced Tigers Purple Stripe - Brown Stripe	4:15 - 4:45 PM <b>BBC 4:45 - 4:55</b>	6:00 - 6:30 PM <b>BBC 6:30 - 6:40</b>	4:15 - 4:45 PM <b>BBC 4:45 - 4:55</b>	6:00 - 6:30 PM <b>BBC 6:30 - 6:40</b>	<b>BBC ONLY</b> 5:30 - 6:00 PM	9:30 - 10:00 AM <b>BBC 10:00 - 10:10</b>
Eagles	4:15 - 4:45 PM <b>BBC 4:45 - 4:55</b>	6:00 - 6:30 PM <b>BBC 6:30 - 6:40</b>	4:15 - 4:45 PM <b>BBC 4:45 - 4:55</b>	6:00 - 6:30 PM <b>BBC 6:30 - 6:40</b>	5:30 - 6:00 PM <b>BBC ONLY</b>	9:30 - 10:00 AM <b>BBC 10:00 - 10:10</b>
<b>Mixed Level Youth Class</b> <i>Eagles - Youth Level 3</i>		3:45 - 4:25 PM <b>BBC 4:25—4:35</b>		3:45 - 4:25 PM <b>BBC 4:25—4:35</b>		
Youth Basic Level 1 (Ages 8 - 14) White - Advanced Orange	6:00 - 6:40 PM <b>BBC 6:40 - 6:50</b>	4:45 - 5:25 PM <b>BBC 5:25 - 5:35</b>	6:00 - 6:40 PM <b>BBC 6:40 - 6:50</b>	4:45 - 5:25 PM <b>BBC 5:25 - 5:35</b>	<b>BBC ONLY</b> 6:00 - 6:45 PM	10:50 - 11:30 AM <b>BBC 11:30 - 11:40</b>
Youth Level 2 <b>BBC ONLY</b> Purple - Advanced Green	6:05 - 6:50 PM	3:45 - 4:35 PM 5:15 - 6:00 PM	6:05 - 6:50 PM	3:45 - 4:35 PM 5:15 - 6:00 PM	<b>BBC ONLY</b> 6:00 - 6:45 PM	11:45AM - 12:35PM
<b>Youth Level 2 Extra Help</b>		4:45 - 5:15 PM		4:45 - 5:15 PM		
Youth Level 3 <b>BBC ONLY</b>	4:45 - 5:30 PM	6:10 - 7:00 PM	4:45 - 5:30 PM	6:10 - 7:00 PM	6:00 - 6:45 PM	11:45AM - 12:35PM
<b>Youth Level 4 - Jr. Black Belts</b>	4:45 - 5:30 PM	6:10 - 7:00 PM	4:45 - 5:30 PM	6:10 - 7:00 PM	6:00 - 6:45 PM	12: 45 - 1:45 PM
<b>Jr. Black Belt Prep Class</b>	5:30 - 6:00 PM				6:45 - 7:45 PM	
<b>BBC MAT RATS GRAPPLING</b>			5:30 - 6:00 PM			
<b>Adult/Teen Mixed Levels</b>	7:00 - 7:50 PM <b>BBC 7:50 - 8:00</b>	12:10 - 1:05 PM 7:10 - 8:05 PM	7:00 - 7:50 PM <b>BBC 7:50 - 8:00</b>	12:10 - 1:05 PM 7:10 - 8:05 PM	<b>BBC ONLY</b> 6:00 - 6:45 PM	12:45 - 1:45 PM
<b>Black Belt Preparation Class</b>			7:30 - 8:25 PM			
Black Belt Masters Club		11:00 AM				
Kamishin Jujitsu	7:30 - 9:15 PM					
PERFORMANCE TEAM					4:30 - 5:30 PM	
LEADERSHIP TEAM					5:30 - 6:30 PM	
<b>KickBoxNow!</b> <i>Adding new class times soon!</i>	9:00 - 9:50 AM		9:00 - 9:50 AM			
		5:20 - 6:10 PM		5:20 - 6:10 PM		

**Launch classes are scheduled by appointment only.**

**STAY TUNED FOR POSSIBLE CHANGES TO OUR CLASS SCHEDULE!**

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www.ibba.us